



## Experiencing God's Peace, Joy and Character in Christian Rest

Christian rest, as described in the Bible, is more than just physical relaxation with a cup of tea, coffee, or an ice cold drink on the deck with a good book. Christian rest encompasses spiritual and mental well-being, rooted in trust and reliance on God. This type of rest is a gift from God, involving a cessation of striving and a conscious choice to rest in God's provision and promises. This rest is not a luxury to practice a couple of minutes, three times a week. It's a necessary part of the Christian way of life, allowing us as His children to experience God's peace and joy, and to reflect on His character. What are three of the myriad of aspects of Christian rest?

**Spiritual** is always the first that involves finding peace with God, free from guilt and worry, and a reliance on God's abundant forgiveness. When we reflect on the many ways God forgives us each day, a weight is often lifted from us. Key verses include 1 John 1:9, which states that if we confess our sins, God is faithful and just to forgive us and cleanse us from unrighteousness; a drawing us out of darkness. Psalm 103:12 compares the distance of forgiveness to the east from the west, which is vast when I think about it. Accepting this truth illustrates God's removal of our transgressions. And of course, Matthew 6:14-15 emphasizing that forgiveness from God is tied to our willingness to forgive others.

**Trusting in God:** Resting in God means acknowledging that He is in control and that we can trust Him with our lives and circumstances. He always wants what's best for us. Proverbs 3:5-6 states "Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths." Psalm 56:3, "When I am afraid, I put my trust in you." And let us remember Hebrews 13:6, "So we can confidently say, 'The Lord is my helper; I will not fear; what can man do to me?'"

**Observing the Sabbath:** This may mean a literal day of rest (Sabbath), others incorporate regular times of rest and reflection on God being present to them from the moment they open their eyes until they prepare to rest for the night. And resting in the knowledge that God provides that opportunity for others. We know in the creation story about God resting on the seventh day. Another comes from Romans 14:5-6, "One person esteems one day as better than another, while another esteems all days alike. Each one should be fully convinced in his own mind. The one who observes the day, observes it in honor of the Lord. The one who eats, eats in honor of the Lord, since he gives thanks to God, while the one who abstains, abstains in honor of the Lord, and gives thanks to God."

Fellow children of God, let us spend this August, the last month of summer 2025, in Christian rest for the good of our heart, mind, and soul. May we embrace these three practices (or come up with others that are best for you) as treasured gifts in our way of life. We know Christianity is a 'Way of Life' that enriches and transforms us because we see the world around us with new eyes. A month to see again and experience God's peace and joy, and to reflect on His character.

Canon Galen+

**In all our searching,  
the only thing we've found  
that makes the emptiness  
bearable is each other.**

—Carl Sagan

## **Woven in the Spirit Women's Retreat**

**Church of the Good Shepherd  
4947 NE Chouteau Dr, KCMO**

**August 16<sup>th</sup> - 9:00 a.m. - 3:30 p.m.**

**Deacon Lynda Hurt - Presenter**

Come away and rest awhile. This year's Women's Retreat hosted by Church of the Good Shepherd invites us into a sacred space of renewal through prayer, fellowship, and creative reflection. We will explore how our individual stories—our joys and struggles, our faith and questions—are intricately woven together by the presence of the Holy Spirit. As we gather, we'll create something meaningful that reflects the beauty of being part of God's tapestry. Wherever you are on your journey, you are welcome.

**Registration \$20 includes breakfast pastries, lunch, and supplies.**

Register on Bulletin Board sign-up or with Judy Kile, [jkile@att.net](mailto:jkile@att.net) by **August 10<sup>th</sup>**.

# Our Parish Family



## Birthdays



- |                      |                    |                       |
|----------------------|--------------------|-----------------------|
| 1 Stephen Chalmers   | 2 Jon Myers        | 3 Susan Eveland       |
| 4 Janice Hammer      | 4 Amanda Clark     | 6 Tom Lanio           |
| 6 Valorie Millican   | 7 Bentley Scott    | 9 Emma Hale           |
| 10 Susan Stensrud    | 11 Addison Mullins | 15 Barbara Chase      |
| 15 Jennifer Leocardi | 17 Amanda Burris   | 17 Marilyn Lane       |
| 18 Emersyn Cooper    | 18 Mary Siegmund   | 21 Hannah Moreno      |
| 22 Mike Willey       | 23 Cheryl Busey    | 24 Logan Williams     |
| 25 Tamara Marler     | 25 Scott Meyer     | 29 Koramarie Gonzales |
| 30 Peter Schaub      | 31 Norma Nicholson | 31 Jill Schaub        |



## Anniversaries



- |                                       |                                      |
|---------------------------------------|--------------------------------------|
| 3 <i>Caitlin &amp; Sam Armato</i>     | 13 <i>Linda &amp; Ken Keeling</i>    |
| 18 <i>Valorie &amp; Bill Millican</i> | 18 <i>Brenda &amp; Danny Younger</i> |
| 25 <i>Rosemary &amp; Jim Terry</i>    | 26 <i>Donna &amp; John Zaiger</i>    |
| 31 <i>Casey &amp; Mario Moore</i>     |                                      |



## Please Pray for



### **Healing of body, mind and spirit:**

Cameron Ham, David Muldoon, Geddes Paulsen.

**Expectant Parents:** Andrea Hunt & Matt Bush, Megan & Michael Iseman, Aleah & Keith Petrie Breana & Nick Stephens, Kaitlyn Minet & Derrick Suhr.

**Those who are serving in our Armed Forces:** Vincent Armato, Matthew Braman, Gary Cram, Michael Green, Carter Hale, Mark Nick, Dominick Scuderio, Cole Sherry, Doug Snodgrass, Korinne Takeyama, Kellan Travis, Kyle Voss-McReynolds, and Elias Wilson.

**Congratulations to:** Hannah & Kellan Travis on the birth of Mackenzie St. Clair Travis born on July 9 @ 1:39 am. He weighed in at 8lb 1oz & 21 inches long! Proud cousins are Jack, Harper & Frankie BUT Grandparents Mark Armato & Laura Sawin-Armato are tickled blue as well!

**Those who were born to eternal life:** Georgia McReynolds

# The Lunch Bunch

meets on **Thursday the 14<sup>th</sup> of August** at **1:00 p.m.**  
at **Nick & Jake's, 6325 Lewis Drive, Parkville, MO**

We must give the restaurant an accurate headcount, so  
please call, or text the hostess Vicki Nelson (816) 874-5962 to reserve your spot.

All who enjoy a tasty meal with friendly folks are welcome!

**Our bunch is not restricted to members of Good Shepherd.**

## All Ages Pool Party

**Sunday, August 3<sup>rd</sup>**  
**from 2:00-5:00 p.m.**  
**at 12716 Searcy Road, Kearney, MO.**

Parishioner Susan Eveland has graciously invited church members to spend a Sunday afternoon in (or at) her swimming pool, which has depths of 3 to 8 feet. Perfect for little ones and those who enjoy time in deeper water. **Parents or guardians should accompany young children** as no lifeguard will be on duty. Snacks and beverages are OK to bring along with water toys and floats. **Those who don't want to swim are welcome to enjoy an afternoon visiting around the pool.**

## The Sounds of Silence

I went for an afternoon walk recently and in the course of my walk encountered a young lady, probably in her early 20's, walking toward me.

She was looking at her phone screen and rapidly entering information with flying thumbs. She did not look up from her phone when she approached me, passed me and continued walking down the sidewalk. Perhaps she had GPS on her phone as I don't know how she stayed on the sidewalk without looking up to see where she was going.

Simon and Garfunkel wrote a popular song years ago called "The Sounds of Silence", which takes on an entirely different meaning to me these days. I returned home and felt moved to write the following haiku.

Sounds of Silence  
Eyes glued to their phones,  
Lost in their own private world,  
People pass me by.

*Thomas Kincaid*

God has made a beautiful world, take a few moments to look up from your phone and enjoy it!



# Coffee Hour Hosts & Hostesses



Coffee Hour following the 10:15 service is a time for “meet, greet and fellowship”. Coffee/punch will be served in the foyer. Traditionally, we have asked that each family take a turn to help serve 1 or 2 Sundays during the year. There is a sign posted in the coffee hutch with coffee hour responsibilities. **Thank you for your help with this ministry!**

- ⇒ Please note and mark on your calendar the date(s) you have been scheduled .
- ⇒ If you are not able to serve on your assigned date, please call someone on this list to trade.
- ⇒ If you can't find a substitute, don't fret, the congregation will survive without coffee that day.

<b>August</b>	<b>3rd</b>	Tim and Janet Smith	<b>February</b>	<b>1st</b>	Ian and Marie Ebert
<b>2025</b>	<b>10th</b>	Pam Lipari, Kevin Wright	<b>2026</b>	<b>8th</b>	Mike and Sue Wilkinson
	<b>17th</b>	Tom and Analee Lanio		<b>15th</b>	Danny and Brenda Younger
	<b>24th</b>	Jason and Jill Hedge		<b>22nd</b>	Gary Gee, Cynthia Takeyama
	<b>31st</b>	Danny and Brenda Younger	<b>March</b>	<b>1st</b>	Bill and Mary Dodson, Tiffany Olsson
<b>September</b>	<b>7th</b>	Jacque Wood, Jennifer Leocardi		<b>8th</b>	Marilyn Lane, Kathy Paiz
	<b>14th</b>	Mike and Sue Wilkinson		<b>15th</b>	Thomas and Samantha Gonzales
	<b>21st</b>	Thomas and Samantha Gonzales		<b>22nd</b>	Donna and Scott Meyer
	<b>28th</b>	Zach and Monica Elliott		<b>29th</b>	Zach and Monica Elliott
<b>October</b>	<b>5th</b>	Nina Edwards, Doris Fry	<b>April</b>	<b>5th</b>	Easter Sunday / No Coffee Hour
	<b>12th</b>	Mark and Laura Sawin-Armato		<b>12th</b>	Bill and Valorie Millican
	<b>19th</b>	Marilyn Lane, Kathy Paiz		<b>19th</b>	Howard and Mary Wilkens
	<b>26th</b>	Bill and Valorie Millican		<b>26th</b>	Bob and Judy Kile
<b>November</b>	<b>2nd</b>	Steve and Vicki Nelson	<b>May</b>	<b>3rd</b>	Tom and Analee Lanio
	<b>9th</b>	Howard & Mary Wilkens		<b>10th</b>	Mother's Day - Good Redeemers
	<b>16th</b>	Bob and Judy Kile		<b>17th</b>	Steve and Vicki Nelson
	<b>23rd</b>	Charlie and Pam Cram		<b>24th</b>	Ed and Kylie Miller
	<b>30th</b>	Ed and Kylie Miller		<b>31st</b>	Tim and Janet Smith
<b>December</b>	<b>7th</b>	Linda Sallee, Katy Clapp	<b>June</b>	<b>7th</b>	Nina Edwards, Doris Fry
	<b>14th</b>	Bill & Mary Dodson, Tiffany Olson		<b>14th</b>	Charlie and Pam Cram
	<b>21st</b>	Sally and John Verkleeren		<b>21st</b>	Father's Day - Good Redeemers
	<b>28th</b>	Mona and Sarah Hale		<b>28th</b>	Linda Sallee, Katy Clapp
<b>January</b>	<b>4th</b>	Pam Lipari, Kevin Wright	<b>July</b>	<b>5th</b>	Gary Gee, Cynthia Takeyama
<b>2026</b>	<b>11th</b>	Jason and Jill Hedge		<b>12th</b>	Tom Kincaid, Phyllis Cameron
	<b>18th</b>	Jacque Wood, Jennifer Leocardi		<b>19th</b>	Mark and Laura Sawin-Armato
	<b>25th</b>	Tom Kincaid & Phyllis Cameron		<b>26th</b>	Mona and Sarah Hale



**Coffee is needed** for the hospitality time we all enjoy after the Sunday service. Please consider tossing a bag/container of decaf coffee or regular coffee into your cart the next time you are out shopping.

**Thank you!!**





## Feed & Weed

— so called because **we begin with donuts**

**at 8:30 a.m. in the Foyer** before we begin our outdoor tasks. Please

consider setting aside a few hours on **August 9<sup>th</sup> & 23<sup>rd</sup>** (the **2<sup>nd</sup> and 4<sup>th</sup> Saturdays of the month**) to help maintain the beautiful grounds that we so enjoy!! If your Saturday mornings are full but you want to help, consider purchasing the donuts or taking on an outdoor task at a better time for you.



**A sign-up sheet is posted for those who want to provide donuts for workers.**

## Help! Help! Help!

We cannot continue to take care of our grounds without more volunteer help on two Saturdays of each month. **Or let us know if there is a particular part of our grounds that you would tend on your own time.**

**Contact Judy Kile or David Talbot to find out what is needed.**



**Big Thank You!**

To all those who helped make the **Christmas in July** a successful fundraiser.

The **total raised** was **\$878.79.**

Plans for next year are in the works. —Katy

**Big Thank You!**



## Something Always Happens When We Pray

### Intercessory Prayer

**A Time for Soaking and Healing Prayer.**

**1<sup>st</sup> and 3<sup>rd</sup> Sundays of Each Month at Noon.**

**In Our Lady of Walsingham Chapel.**



Jesus went down with them and stood on a level place. A large crowd of his Disciples was there and a great number of people from all over Judea, from Jerusalem, and from the seacoast of Tyre and Sidon, who had come to hear Him and to be healed of their diseases. (Luke 6:17-18)

Please bring your questions to Sally Verkleeren, who has years of education and experience in healing ministry. You may reach her by phone (805) 798-5502 or email [prariemoth@aol.com](mailto:prariemoth@aol.com)

# Christian Formation

## Adult Bible Discussion(s)

Join us in the Common Room, in person or by **Zoom** <https://us06web.zoom.us/j/84158924543pwd=6GcPS0j4zxrAzpLLxvbOgODDTJPgIE.1>

**Sunday Mornings at 9:00 a.m.** for a lively discussion of Sunday's scriptures from the Lectionary.

The discussions are generally led by Tom Lanio, with the able assistance of Canon Galen. They encourage participants to share any thoughts they have on Sunday's readings. For the readings and a commentary on them, send an email request to [tomlanio@email.com](mailto:tomlanio@email.com).

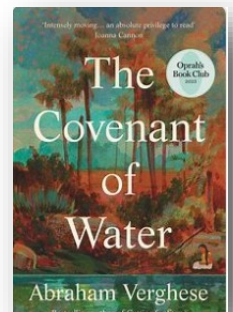
On **Wednesdays at Noon**, join us for **Noonday Prayer** in Our Lady of Walsingham Chapel or watch from the comfort of your home while it is live-streamed on the COGS Facebook page. Then at **12:30** the Bible discussion will begin.

## The Good Shepherd Book Club

will meet **Tuesday, August 12<sup>th</sup>** at **7:00 p.m.**,  
**in-person** in the Common Room.

Joining **via Zoom** is available upon request.\*

After a short discussion of our August selection, *The Covenant of Water* by Abraham Verghese, we will vote on the books for next year's reading. A list of suggestions has been created and will be made available the first of August for members and those who may want to join this year.



by

### Guests are always welcome!

Have a non-Good Shepherd friend who loves to read? - bring them, too!

Contact club members or Judy Kile for more information.

**Bring a beverage or snacks to share if you wish.**

\*Contact Judy Kile ([jkile@att.net](mailto:jkile@att.net)) by **Monday, August 11<sup>th</sup>** for the **Zoom** invite.



## Shepherd Responders

"The development of this work (ministry) continues to grow and mature. There is much to do; so many in need. This development now includes official training for those involved in this ministry. Do you want to know more? Do you want to work with us? You need but ask!"



# Summer Sunday School

for age 3 through 5<sup>th</sup> Grade Children  
takes place during the sermon.

Children will be led from the sanctuary by one of the teachers immediately after the Gospel and return at the exchange of the Peace.

- **Preschool and Kindergarteners** will meet with teenagers, Leila Hedge and Zoe Williams.
- **Elementary aged children** will meet with Mary Wilkens.

There will be **no classes** on **August 31<sup>st</sup>**, Labor Day weekend.

- **August 24<sup>th</sup>** children will attend **the entire** 10:15 a.m. worship. There will be a **"children's sermon"** on this Sunday.



## 5<sup>th</sup> Annual SUNDAY funDay

A last **Hurrah!** for Summer following the **August 24<sup>th</sup>, 10:15 a.m.** worship.

Once again we'll kick off the start of a new season of Sunday School by enjoying the last of summer's outdoor fun. Adults and children can enjoy hotdogs & chips, play numerous yard games, and learn about the animals brought by Lakeside Nature Center.

**Bring lawn chairs and blankets, sunscreen, sunglasses.**

**Dress accordingly! And expect to have Fun!!**

**Don't forget to sign-up** so we know how many to plan for.

**Sign-up sheet** will be posted on the **Bulletin Board** to the **left of the elevator.** Or call the office.



*For where your treasure is,  
there your heart will be also.*

Luke 12:34

## **Thank you for your support of the Restoration and Development Fund (R&D Fund)**

during previous years. Last year we completed construction of the new garden shed, building maintenance and improvements, and tree maintenance totaling approximately \$21,000. Many of these projects were accomplished by the hard work of parishioners on the Building and Grounds Committee and led to great financial savings.

Now, it's time to begin the new giving drive for 2025-2026. Your vestry, after consultation with members of the Building and Grounds committee based on the reality of increasing cost of building maintenance and repairs for our active and vibrant ministries at Good Shepherd and the neighborhood, it decided on a realistic monthly cost of \$1,500. They have set a **goal of \$18,000 for the Restoration and Development fund 2025-2026.**

The largest expense involves painting the exterior of the building all at once, rather than in phases. Current estimates are \$10,000. We always have tree maintenance because of our large and beautiful campus. Plus, the water heater for the dishwasher needs replacing. Our large facility often encounters unexpected maintenance issues at the discretion of the Good Shepherd Vestry.

- Painting exterior of the church \$10,000
- Tree maintenance and preventative sprays \$5,000
- Water heater for dishwasher \$3,000

Donations can be made to the R&D Fund by making a pledge, giving cash, giving electronically, giving stock, or giving from an IRA's Minimum Required Distribution.

We ask that **R&D Fund pledge forms be returned by Sunday, August 24<sup>th</sup>** so the R&D Pledges can be blessed at all services.

Any questions you may have about this giving drive please contact Bill Millican, Senior Warden, at 816213-5007 or Junior Warden, Marie Ebert at 816-559-1806.

## **Thank you and God's Peace.**

The Wardens, Vestry, and Restoration and Development Committee

**Please pick up your personalized Restoration & Development pledge letter in the foyer. Saves the church postage!!**



**Mid-year giving statements** are now available for you to pick up in the foyer. Please pick up yours to save the church postage. If you have any questions or did not receive a statement but have given to the church this year, please contact Sue Wilkinson, phone/text 816-591-0406, or email [swilk46@yahoo.com](mailto:swilk46@yahoo.com).

# Welcoming the Stranger: A Christian Call Beyond Borders

From  
Deacon  
Lynda Hurt



As followers of Jesus, we are called to live by a deeper ethic than national policy or public opinion. Throughout Scripture, God consistently identifies with the outsider—the foreigner, the refugee, the displaced. In fact, one of the most repeated commands in the Bible is this: "Welcome the stranger, for you were once strangers in the land of Egypt" (Leviticus 19:34, Deuteronomy 10:19). This isn't a suggestion. It's a command rooted in compassion.

Jesus himself was a refugee. His family fled to Egypt to escape Herod's violence. He lived much of his life on the margins—crossing boundaries, eating with the excluded, and challenging systems that separated people by status or nationality. His ministry constantly lifted up the dignity of those cast out by empire.

And yet today, we find ourselves in a nation where immigrants are often treated as criminals rather than children of God. Policies and laws too often reflect fear instead of welcome, exclusion instead of embrace. Families are separated. People who have lived here for decades—who contribute to their communities, pay taxes, raise children, and serve in our churches—live in fear of deportation. Even those fleeing violence and poverty are met with suspicion instead of sanctuary.

As Christians, we believe that morality is not determined by what is legal. Not every law is just. Slavery was once legal. Denying women the right to vote was legal. Segregation was legal. But Christians—especially those guided by the Gospel's call to justice—have always been called to challenge unjust laws. Our faith does not stop at the border.

When laws hurt the vulnerable, our allegiance to Christ compels us to respond—not with silence or indifference, but with courage, advocacy, and love. This means listening to immigrant voices. It means standing with undocumented neighbors, advocating for humane policies, and offering real welcome in our congregations and communities. It means resisting the narrative that some people are "less deserving" of safety, opportunity, or belonging based on where they were born.

Hospitality is not just a nice idea. It is a radical act of faith. It is how we embody God's kingdom on earth—a kingdom where no one is illegal, and everyone has a place at the table. In this moment, when the lives and dignity of immigrants are under threat, let us remember who we are. We are disciples of a brown-skinned, itinerant rabbi who crossed borders and defied unjust laws. Let us follow him—not with fear, but with faith and open arms.

hope BLESSINGS HOPE  
Enable Future vision  
Legacy  
vision Future Estate  
Tomorrow blessing intentional  
commitment Transform tomorrow enable  
GOD'S MISSION, OUR GIFTS

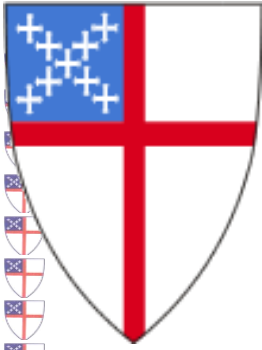
## Legacy Society

Good Shepherd is organizing a legacy society. Remembering Church of the Good Shepherd in your will or estate planning is all you need to do!

Please let Fr. Galen, Sue Wilkinson, or Nina Edwards know if you have made this provision.

There will be a **party in September** for our charter members. More details to follow!

**Be a charter member of our Legacy Society**



## Episcopal Migration Ministries

In 2024, Episcopal Migration Ministries and its network of local affiliates welcomed 5,396 refugees and 1,137 individuals with Special Immigrant Visas (SIV) from 48 countries rebuild their lives in peace and security in 13 communities across the United States.

According to the UNHCR's global trends report, at the end of June 2024, there were 122.6 million displaced people worldwide, including 43.7 million refugees. From the moment they arrive in their new communities, refugee clients receive care, hospitality, and assistance from professional affiliate staff and from the many generous church volunteers who welcome our newest neighbors through this ministry each year.

## Armed Forces and Federal Ministries

The Episcopal Church's Armed Forces and Federal Ministries provides pastoral care and spiritual support to members of the military and federal agencies. We ensure that Episcopal chaplains are available across the United States Armed Forces, Veterans Administration (VA) medical centers, and federal correctional institutions. We also serve as a crucial bridge between the church and various government entities, facilitating the ministry of Episcopal chaplains in these settings. By endorsing and overseeing chaplains, Armed Forces and Federal Ministries plays a vital role in supporting individuals in service and federal employment, offering them spiritual guidance, counseling, and religious services according to our Episcopal tradition.

Our work is deeply rooted in the church's commitment to outreach and service. It not only supports the spiritual well-being of individuals in high-stress environments but also ensures that the principles of the Christian faith are accessible to them, regardless of their deployment or station. Through training programs, retreats, and pastoral resources, we work with chaplains to meet the complex needs of those they serve, thereby embodying the church's mission to nurture and support communities, even in the most challenging circumstances.

Interested in learning more about chaplaincies? Visit our blog, read about the [Military Chaplains Just War Education Project](#), discover the processes for serving, and meet our staff.

**“Enjoy the little things,  
for one day you may look back  
and realize they were the big things”**

—Robert Brault



# Healing Prayer Team Meeting

Monday, August 25<sup>th</sup>, at 6:30 p.m.

in the **Troy-Lewis Room**



Church of the Good Shephard has a **Rideshare Ministry** to help parishioners get to and from church events within the Kansas City metro, free of charge. If you need a ride, please contact the office ([office@episcopalcogs.org](mailto:office@episcopalcogs.org)) or Edward Miller ([ed@obodobodo.com](mailto:ed@obodobodo.com)) with details of the date, time, and location for your trip: we will arrange a ride as best as we are able. We can often accommodate reoccurring trips!



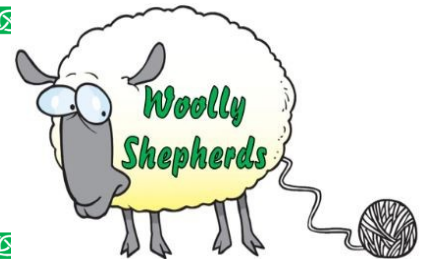
## Heartland Episcopal Cursillo

Introducing our new means of communication which includes our new email address [cursillo@diowestmo.org](mailto:cursillo@diowestmo.org) and website [heartlandepiscopalcursillo.org](http://heartlandepiscopalcursillo.org).

We are excited to announce our **2025 Heartland Cursillo Weekend** from **August 8<sup>th</sup>-10<sup>th</sup>** at the **Heartland Retreat Center**. We invite you to prayerfully consider how you might be able to contribute to a successful weekend — as a team member, candidate sponsor, prayer warrior, donor, and/or attending Clausura to welcome the new candidates into their 4th day.



Gather your things; knitting, crochet, needlepoint, quilting, or any arts and crafts that you are currently doing and join us at church in the Troy-Lewis room on the **3<sup>rd</sup> Thursday (August 21<sup>st</sup>)** starting at **6:00 p.m.** Arrive when you can.



will meet **August 28<sup>th</sup>, 6:00-8:00 p.m.**  
at **Strange Days Brewing Company**, 316 Oak Street, KCMO

**Come when you can.**

Bring in food from Double Tap next door  
or any other restaurant you want.



# Northland Assistance Center

Our pantry is low on soup, canned peas, carrots & potatoes & canned fruit. Any assistance you can provide is appreciated and can always be dropped off at the center, or in the Foyer Outreach Basket.

## Things we specifically need for the homeless:

- Protein with pop tops such as beanie weenies, Vienna sausages, soup.
- Ready to Eat tuna or chicken salad with crackers
- Individual chips, pudding cups and protein bars
- Water is a big need with going into spring and summer weather
- Quart size baggies

These items go in our food bags for the homeless and we appreciate any and all assistance you are able to offer us.

- Shampoo, Razors, Soap, Deodorant, Combs, Toothpaste, and Toothbrushes.

*Thank You*



**Office Hours:** Monday – Friday 9:00 a.m. – 3:00 p.m.

5601 NE Antioch Road, Suite 12, Gladstone, MO

**Main entrance** is on the **backside of the building.**

Phone 816-452-4536 website: <https://www.northlandsc.org>

## Life Enrichment Programs

**Aging With Excellence:** This program offers seniors 60+ opportunities to socialize, exercise, gain insight & be knowledgeable about aging issues throughout each month.

**Caregiver Support:** From Break Club to Caring, The Northland Shepherd's Center provides a variety of resources and classes to caregivers and their loved one.

## Life Services

**Technology Center:** Technology help and classes held in the tech center. PC's for learning new skills, one on one sessions to learn to use smartphone, tablet or laptop. Call 816-452-4536 appointment.

**Community Aging Solutions:** Community Aging Specialists can assist you accessing available resources such as Medicaid, commodities, utilities, home weatherization & more!

**Plate of Hope Food Pantry:** NSC sits in the middle of the top low-income & low-food access tracts of our area which affects over 3000 older adults. That number will only be growing in the years to come.

**Life Services:** The NSC provides Life Services as a simple helping hand for northland seniors. Shopping help, regular check-in calls, home repairs, etc.

**Meal on Wheels:** Northland Meals on Wheels' purpose is to supply meals at or near cost to homebound older adults, over the age of 60 in southern Clay County.



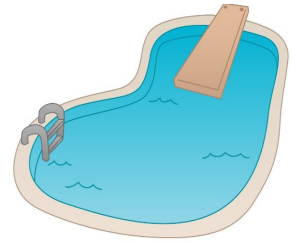
Photo by Kate Kalvach on Unsplash

## All Ages Pool Party

Sunday, August 3<sup>rd</sup>, 2-5 pm.

Join the members of Good Shepherd for Susan Evaland's pool party.

See page 4 above for full details.



## Volunteer at Consignment Sale

Saturday, August 9<sup>th</sup>, 6:00-8:00 p.m.

We will be volunteering after the **Rhea Lana Consignment sale**. This will benefit the NICC (Northland Infant Clothing Center). We will meet at the old Marshall's Store at Zona Rosa. We should be done by 8:00 p.m. **Please let Laura know if you can make it.**

## Back to School Zoom Meeting

Wednesday, August 20<sup>th</sup>

The Diocesan Team is hosting a short 30-minute meet up with youth leaders, adult volunteers, parents, and clergy. Beginning at 7 pm we'll talk about ways we can support each other, upcoming events and engage volunteers. [Click here to register](#) and get the link...

## Day at Smithville Lake

Saturday, August 23<sup>rd</sup> from 12:00—5:00 p.m.

Come join us for some fun in the sun at Smithville Lake. We will be swimming and have the opportunity to go tubing! Join us at Crow's Creek Campground, Shelter #5. Good Redeemers will provide the meat and drinks but ask each youth/family to bring a side to share. Make sure to bring some sunscreen and your bathing suit! This is a whole family event! There is a \$7.00 fee for each car to enter the campground.

## Picnic with Bishop Amy

Sunday, September 7<sup>th</sup>, 4:00—6:00 p.m.

The Meaux-Mobile is on the road and coming to St. Paul's, Clinton. Load up the car for a Sunday drive. Come enjoy picnic foods, games and a visit with Bishop Amy! We plan to meet at Good Shepherd and ride together. **Please let Laura know** if you will be attending and click to [register here](#) to let us know you'll be there!

# August 2025 Eucharistic Ministers, Readers - Year C

Proper	Day	Date	Time	Name
8th after Pentecost	Saturday	August 2	4:30 PM	Alan Culp - EM Pat Muldoon - R
8th after Pentecost	Sunday	August 3	8:00 AM	Phil Graham R & EM
<b>Facebook Live &amp; YouTube --&gt;</b>		<b>August 3</b>	<b>10:15 AM</b>	Tom Kincaid - R1 Sally Verkleeren - R2 Deacon Lynda Hurt - Gospeller Vicki Nelson - POP Tom Lanio & Ed Miller IV <b>EMs</b>
9th After Pentecost	Saturday	August 9	4:30 PM	Jan Huster R & EM
9th after Pentecost	Sunday	August 10	8:00 AM	Charlie Cram R & EM
<b>Facebook Live &amp; YouTube --&gt;</b>		<b>August 10</b>	<b>10:15 AM</b>	Samantha Gonzales - R1 Doris Fry - R2 Deacon Lynda Hurt - Gospeller Bill Millican - POP DOK - Crucifer Gary Gee - Verger Tom Lanio & Jill Hedge <b>Ems</b>
10th after Pentecost	Saturday	August 16	4:30 PM	Doris Fry - EM Kim Snodgrass - R Deacon Lynda Hurt - Gospeller
10th after Pentecost	Sunday	August 17	8:00 AM	Kathy Potter R & EM
<b>Facebook Live &amp; YouTube --&gt;</b>		<b>August 17</b>	<b>10:15 AM</b>	Jill Schaub - R1 Vicki Nelson - R2 Deacon Lynda Hurt - Gospeller Sally Verkleeren POP Gary Gee & Laura Sawin-Armato <b>EMs</b>
11th after Pentecost	Saturday	August 23	4:30 PM	Vicki Nelson - R & EM
11th after Pentecost	Sunday	August 24	8:00 AM	Charlie Cram R & EM
<b>Facebook Live &amp; YouTube --&gt;</b>		<b>August 24</b>	<b>10:15 AM</b>	Marie Ebert - R1 Mary Wilkens -R2 Deacon Lynda Hurt - Gospeller Mary Jo Gould POP Gary Gee - Crucifer Jill Hedge & Doris Fry <b>EMs</b>
12th after Pentecost	Saturday	August 30	4:30 PM	Marie Ebert - R1 &EM Deacon Lynda Hurt - Gospeller
12th after Pentecost	Sunday	August 31	8:00 AM	Kathy Potter R & EM Deacon Lynda Hurt - Gospeller
<b>Facebook Live &amp; YouTube --&gt;</b>		<b>August 31</b>	<b>10:15 AM</b>	Laila Hedge - R1 Zoe Williams - R2 Deacon Lynda Hurt - Gospeller Scarlett Skinner - POP Tom Lanio & Gary Gee IV <b>EMs</b>

**Readers are responsible for finding their own substitute and informing Laura**

**With great appreciation, Deacon Lynda**



# Daily Office for August 2025



Fri, Aug. 1 Psalm 69:1-23, 31-38 \* 73. 2 Samuel 5:1-12, Acts 17:1-15, Mark 7:24-37.

Sat, Aug. 2: Psalm 75, 76 \* 23, 27. 2 Samuel 5:22—6:11, Acts 17:16-34, Mark 8:1-10.

## 8<sup>th</sup> after Pentecost

Sun, Aug. 3-Transfiguration: Psalm 93, 96 \* 34. II Samuel 6:12-23, Rom. 14:7-12, John 1:43-51.

Mon, Aug. 4: Psalm 80 \* 77, [79]. II Samuel 7:1-17, Acts 18:1-11, Mark 8:11-21.

Tue, Aug. 5: Psalm 78:1-39 \* 78:40-72. II Samuel 7:18-29 Acts 18:22-28, Mark 8:22-33.

Wed, Aug. 6: Psalm 119:97-120 \* 81, 82. II Samuel 9:1-13, Acts 19:1-10, Mark 8:34--9:1.

Thur, Aug. 7: Psalm [83] or 145 \* 85, 86. II Samuel 11:1-27, Acts 19:11-20, Mark 9:2-13.

Fri, Aug. 8: Psalm 88 \* 91, 92. II Samuel 12:1-14, Acts 19:21-41, Mark 9:14-29.

Sat, Aug. 9: Psalm 87, 90 \* 136. II Samuel 12:15-31 Acts 20:1-16, Mark 9:30-41.

## 9<sup>th</sup> after Pentecost

Sun, Aug. 10: Psalm 66, 67 \* 19, 46. II Samuel 13:1-22, Rom. 15:1-13, John 3:22-36.

Mon, Aug. 11: Psalm 89:1-18 \* 89:19-52. II Samuel 13:23-39 Acts 20:17-38, Mark 9:42-50.

Tue, Aug. 12: Psalm 97, 99, [100] \* 94, [95]. II Samuel 14:1-20, Acts 21:1-14, Mark 10:1-16.

Wed, Aug. 13: Psalm 101, 109:1-4(5-19)20-30. \* 119:121-144. II Samuel 14:21-33 Acts 21:15-26, Mark 10:32-45.

Thur, Aug. 14: Psalm 105:1-22 \* 105:23-45. II Samuel 15:1-18, Acts 21:27-36, Mark 10:32-45.

Fri, Aug. 15: Psalm 102 \* 107:1-32. II Samuel 15:19-37 Acts 21:37—22:16, Mark 10:46-52.

Sat, Aug. 16: Psalm 107:33-43, 108:1-6(7-13) \* 33. II Samuel 16:1-23, Acts 22:17-29, Mark 11:1-11.

## 10<sup>th</sup> after Pentecost

Sun, Aug. 17: Psalm 118 \* 145. II Samuel 17:1-23, Gal. 3:6-14, John 5:30-47.

Mon, Aug. 18: Psalm 106:1-18 \* 106:19-48. II Samuel 17:24-18:8, Acts 22:30--23:11, Mark 11:12-26.

Tue, Aug. 19: Psalm 119:145-176 \* 128, 129, 130. II Samuel 18:19-33 Acts 23:23-35, Mark 12:13-27.

Thur, Aug. 21: Psalm 131, 132, [133] \* 134, 135. II Samuel 19:1-23, Acts 24:1-23, Mark 12:28-34.

Fri, Aug. 22: Psalm 140, 142 \* 141, 143:1-11(12). II Samuel 19:24-43, Acts 24:24-25:12, Mark 12:35-44.

Sat, Aug. 23: Psalm 137:1-6(7-9), 144 \* 104. II Samuel 23:1-7, 13-17, Acts 25:13-27, Mark 13:1-13.

## 11<sup>th</sup> after Pentecost

Sun, Aug. 24: Psalm 146, 147 \* 111, 112, 113. II Samuel 24:1-2, 10-25, Gal. 3:23—4:7, John 8:12-20.

Mon, Aug. 25: Psalm 1, 2, 3 \* 4, 7. I Kings 1:5-31, Acts 26:1-23, Mark 13:14-27.

Tue, Aug. 26: Psalm 5, 6 \* 10, 11. I Kings 1:38—2:4, Acts 26:24—27:8, Mark 13:28-37.

Wed, Aug. 27: Psalm 119:1-24 \* 12, 13, 14. I Kings 3:1-15, Acts 27:9-26, Mark 14:1-11.

Thur, Aug. 28: Psalm 18:1-20 \* 18:21-50. I Kings 3:16-28, Acts 27:27-44, Mark 14:12=26.

Fri, Aug. 29: Psalm 16, 17 \* 22. I Kings 5:1—6:1,7, Acts 28:1-16, Mark 14:27-42.

Sat, Aug. 30: Psalm 20, 21:1-7 \* 110:1-5, 116, 117. I Kings 7:51—8:21, Mark 14:43-52.

## 12<sup>th</sup> after Pentecost

Sun, Aug. 31: Psalm 148, 149, 150 \* 114, 115. I Kings 8:22-30 (31-40), I Tim. 4:7b-16, John 8:47-59.

# Good Shepherd Ministries

Ministry Group	Contact	Meeting Time/Date	Ministry Group	Contact	Meeting Time/Date
Acolytes	Gary Gee	Monthly obligations as scheduled	Nursery Teachers	Tiffany Olsson	9:00 through 10:15 service
Altar Guild	Laura Sawin-Armato Cynthia Takeyama	Monthly obligations, Quarterly meeting	Office Helpers	Laura Sawin-Armato	As needed
Building and Grounds	David Talbot	1 <sup>st</sup> Tuesday of each month, 7:00 PM Workday, 3 <sup>rd</sup> Saturday of each month	Pastoral Care. EVs	Judy Lane	As scheduled
			Backpack Shepherds	David Talbot	<b>Outreach Chair: Tom Kincaid</b>  Reaching out to our local community, the nation, and the world.  2 <sup>nd</sup> Monday of each even numbered month 7:00 PM
EMs	Deacon Lynda	Monthly obligations as scheduled	Northland Clothing Center	Tom Kincaid	
Coffee Hour	Jill Hedge	After the 10:15 service	Nourish KC	Judy Lane	
Circle of Friends	Canon Galen	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays at 11 AM	Northland Assistance Center	John Zaiger	
Daughters of the King	Sue Wilkinson Mona Hale	2 <sup>nd</sup> Sun. of the month after 10:15 service	Outreach Garden	Bob Kile	
Christian Formation	Judy Kile	2 <sup>nd</sup> Monday, 7:00 PM	Shepherd's Center	<b>Opening</b>	
Cursillo Liaison	Carye Williams	As needed	Ushers	Sue Wilkinson	Monthly obligations as scheduled
Financial Ministries Council (FMC)	Jill Hedge	Thursday of week before each Vestry meeting, 6PM	Vestry	Bill Millican Marie Ebert Canon Galen	3 <sup>rd</sup> Tuesday of each Month
Liturgical Readers	Canon Galen	Monthly obligations as scheduled	Good Redeemers	Laura Williams	Weekly as announced
Music Instrumental	Canon Galen & Sam Fleming	As needed	St. Francis Ministry	Susan Jacobs	As needed
Music Vocal		As needed	Book Club	Judy Kile	2 <sup>nd</sup> Tuesday at 7 PM
Newsletter	Pat Muldoon	Published monthly	Greeters	Jason Hedge	As needed
Woolly Shepherds	Marie Ebert	3 <sup>rd</sup> Thursdays at 6 PM	Sunday Adult Bible Study	Bob Kile Tom Lanio	Sundays 9:00-10:00 AM
Streaming Services	Joe Armato	10:15 AM Sundays	Intercessory Prayer	Sally Verkleeren	1 <sup>st</sup> & 3 <sup>rd</sup> Sundays Noon in Chapel
Shepherds of the Earth	Matt O'Dell	Last Monday of Month 8 PM Zoom			

**Rev. Canon Galen D. Snodgrass** .....Rector  
**Rev. Lynda Hurt**.....Deacon  
**Laura Sawin-Armato**.....Parish Administrator  
**Laura Williams**.....Youth Director  
**David Talbot**.....Sexton  
**Pat Muldoon**.....Newsletter Editor  
**Sam Fleming**.....Music Director & Organist  
**Tiffany Olsson**.....Nursery  
**Joe Armato**.....Digital Director  
**Sue Wilkinson**.....Pledge Secretary

**Parish Phone Number:** 816-452-0745  
**Parish Office Hours:** 9:00AM – 3:00PM  
Monday, Tuesday, Thursday and Friday  
**Parish Email:** [office@episcopalcogs.org](mailto:office@episcopalcogs.org)  
**Youth Director Email:** [goodredeemers@gmail.com](mailto:goodredeemers@gmail.com)  
**Information for newsletter to:** [PC-Vol@att.net](mailto:PC-Vol@att.net)  
**Website:** [www.episcopalcogs.org](http://www.episcopalcogs.org)  
**Holy Eucharist:** Saturdays 4:30 PM  
Sundays 8:00 AM and 10:15 AM  
**10:15 Service Streamed on** [Facebook](#) & [You Tube](#)  
**Pledge email:** [stewardship@episcopalcogs.org](mailto:stewardship@episcopalcogs.org)

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