

Youth February Newsletter

2/6/26-2/8/26 7-8pm Senior High Retreat

2/7/26-2/8/26 After all services Souper Bowl of Caring

2/15/26 12-1:30pm Youth Get Together

2/21/26 5:30pm Italian Dinner fundraiser

SENIOR HIGH RETREAT – FEB 6TH-8TH AT REDEEMER

In a world that rarely stops moving, taking time for stillness is both a challenge and a blessing. This retreat is your opportunity to step away from the noise, to listen for God's voice, and to make room for new growth. As you move through each segment—Me, God, God and Me, and God, Me, and the World—may you find rest, renewal, and a deeper sense of purpose.

Jesus reminds us in Matthew 22:37–40:

“Love the Lord your God with all your heart and with all your soul and with all your mind... and love your neighbor as yourself.”

These words are at the heart of our faith. Jesus teaches that loving God, loving others, and loving ourselves are deeply connected. We can't pour out love to others if we're running on empty. Self-care is not selfish—it's essential to living out the Great Commandment.

This retreat is organized into four segments, each inviting you into a different aspect of self-care and spiritual growth. Each segment includes space for personal reflection, prayer, and creative expression.

For more information and registration: <https://www.ultracamp.com/info/sessiondetail.aspx?idCamp=986&campCode;=1sC&idSession;=560143>

SOUPEL BOWL OF CARING – 2/7/26 & 2/8/26

We will be participating in the Souper Bowl of Caring again this year on Super Bowl Sunday, February 8th, 2026, as well as during the Saturday, February 7th service. We will be asking for both monetary and food donations to benefit the Good Shepherd Backpack Program. Please help to make this an even bigger success this year! Some of the items currently needed are:

4-pack fruit cups

canned chili or stew

6-pack raisins

4-pack pudding snacks

Granola bars/nut bars

Canned chicken

Ramen noodles

Canned tomatoes

Canned pasta sauce

Instant oatmeal packets

Muffin mix

snack cakes (like Little Debbie products)

ITALIAN DINNER FEB 21st

We will be holding our Italian dinner fundraiser on Saturday, February 21st starting at 5:30pm at Church of the Good Shepherd. We will be offering a choice of lasagna or spaghetti or a little of both as well as salad, bread, wine, and dessert. Tickets will be \$20 for adults and \$10 for kids ages 10 and under. We will also offer to go orders for \$10.00 per plate. Tickets will be on sale every weekend leading up to the dinner but you can also pay at the door – friends are welcome! All youth – please plan to arrive at 2:30pm to help set up and prepare for the dinner. We will also need everyone to stay and help clean up afterwards. Please bring black pants and a white or black shirt to wear.